

ESKILSTUNA NEWS

What happend in Eskilstuna and the world

Samuel Kaltenbach

Sports class

Meet at Stiga!

After our stroll through the city, we returned to school and had a typical Swedish lunch in the canteen.

The food was different between the food we were used to, but it was a great opportunity to get to know the culinary diversity of the country.

After the meal, we were taken to a large sports hall where we tried various sports activities such as basketball, badminton and other traditional Swedish games. It was a fun way to get involved in sports and at the same time.



The students of Erasmus+ exchange at Stiga: Olympia-Team 2032?

Samuel Kaltenbach

The week begins!

Monday, 2. October

Our exchange to Sweden started on Monday with a warm welcome, where we were welcomed by the host students and teachers.

After we arrived, the hosts gave us a tour of their school. The school was significantly larger than our home school, but it differed in its architectural style and atmosphere, which took some getting used to for us. Afterwards we were divided into groups to go on a city tour and get to know the surroundings.

We organized ourselves in groups of four, which gave us the opportunity to get to know each other better.

At 10 o'clock our exploration of the city began, and until noon.

At 12 o'clock we had the opportunity to see the main sights and soak up the local culture. It was fascinating to see the architecture, historical structures and way of life.



The center of educated world in the first week of October 2023: Rinmangymnsiet Eskilstuna

Students nearly got lost in Stockholm!

Read the truth now at

ESKILSTUNA NEWS

Sala Silver Mine:

The last adventure in our times!

Get down to the secrets with

ESKILSTUNA NEWS

New graves found?

Gold and Diamonds under the graslands

Get rich with the

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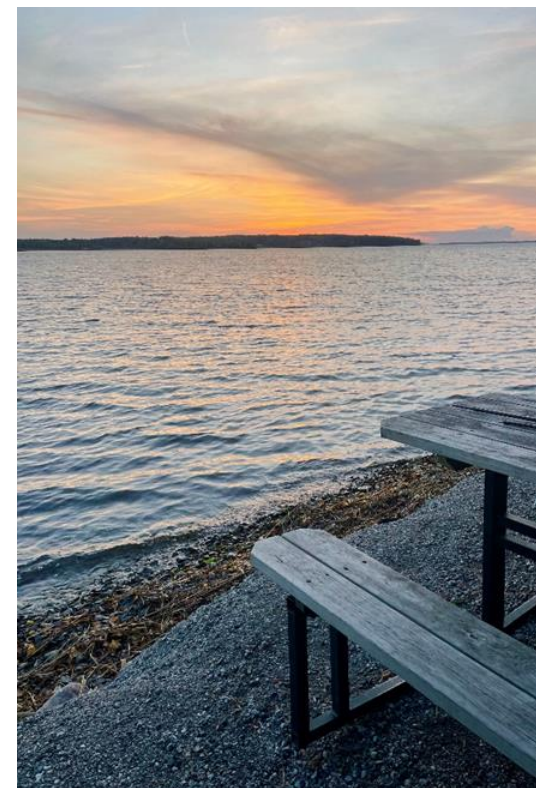
Samuel Kaltenbach

An evening at swedish lakes

Swedish lifestyle at its best!

The highlight of the day was the visit to a nearby lake that our host families had organized for us. There we enjoyed a barbecue together while admiring the impressive sunset over the lake. This unplanned trip was a highlight of the exchange as it gave us the opportunity to experience their hospitality and the natural beauty of their surroundings.

All in all, the day was full of new impressions, encounters and experiences. It was a fantastic opportunity to experience Swedish culture first-hand and make new friendships that would extend beyond the boundaries of the exchange program.



Romantic lakeside: Some evenings should never end...

Nils Naumann

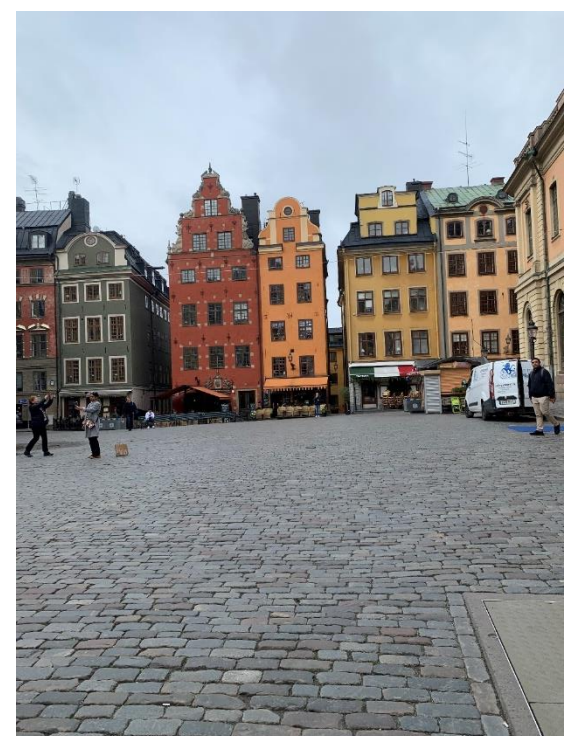
Trip to Stockholm

Big city live!

On the 2nd day of our trip to Sweden, we went to Stockholm, the capital of Sweden. Our day started with an exciting walking tour of the city, where we explored the impressive sights of Stockholm. Our guide led us through the narrow streets of the old town Gamla Stan, and told us stories about the historic buildings and squares. We marveled at the royal residence, the Royal Palace, and learned about the city's rich past, which dates back to the Middle Ages.

Then we made our way to a museum that immersed us deeply in the history of Sweden. The exhibitions were mainly about the development of the country. It was interesting to watch how Sweden has grown and shaped over the centuries.

After a short break, we walked through the city on our own together with our Swedish exchange students to visit more museums and sights and to get a comprehensive insight into Swedish culture.



Nils Naumann

We did it our way! Discover Stockholm



The past was much more dangerous than now:
At the Livrustkammaren

A highlight of the day was a visit to the Vasa Museum, where the impressive wreck of the Vasa, a 17th-century warship, was on display. The size and condition of the ship were impressive and the exhibition gave us a vivid picture of Sweden's maritime history. During our exploration of the city, we not only experienced historical places, but also got to know modern Stockholm. We walked through different neighborhoods, enjoyed local delicacies and immersed ourselves in Swedish life. Our Swedish exchange students were great companions who enthusiastically showed us their capital. The day ended with many new insights, unforgettable impressions and, above all, a lot of fun. Stockholm has inspired us with history, culture and lively atmosphere.

Our trip to Sweden will forever remain in our memories as a time of learning, discovery and shared experience.

Nils Naumann

Model of Vasa in new colors

The special Vasa-Red

The model of the world's most famous Swedish ship was painted in new colors, first of all in a special red, which was made on traditional handcraft ways.



Is it red, is it orange? **The Vasa-Red**



***INFORMATION-BOX:** The ship Vasa sank off Stockholm on its maiden voyage in 1628. After 333 years on the seabed, the imposing warship was recovered and began a new journey. Today the Vasa is the best-preserved ship of the 17th century and can be admired in a specially built museum in Stockholm. This unique cultural treasure contains 98 percent of the original parts, including hundreds of intricately carved wooden sculptures.*

The optimal temperature for preserving Vasa is 18-20°C

The huge ship had three masts with a total of 10 sails, was 52 meters high from keel to masthead, was 69 meters long and weighed 1200 tons. With her 64 cannons, the Vasa should have become an important ship in the Swedish fleet.

Original and model: both are very impressive

Nils Naumann

The Vasa Museum

Everything but boring

The Vasa Museum houses the world's best-preserved 17th-century ship, which sank off Stockholm on its maiden voyage.

In addition to the ship, the Vasa Museum also houses various exhibitions on the short but extensive history of the Vasa.

During our visit to the Vasa Museum, we spent three hours studying the construction and history of the ship. Today, the Vasa not only provides us with important historical insights into its era, but also continually provides new research results into how wood, metal parts and textiles, etc. can best be preserved.

The goal is to preserve the Vasa for future generations.



Crime in the 21th century: **Prison Island**

Become the best criminal!

Try to break out from Prison Island



Ede Panzerknacker

The best school for getting Dagobert`s first coin: Prison Island, founded by Ede Panzerknacker.

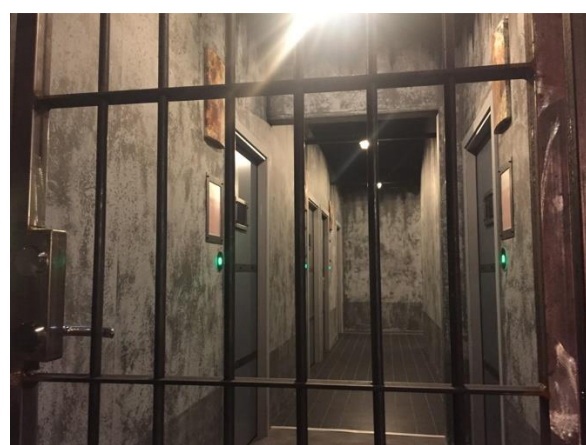


Prison Island is a popular freetime action center which you can compare with german escape rooms. You team up and give your group a name. Together you will enter different rooms were you have to face unknown situations and problems you have to solve in time. For example, to cross a room without touching the ground or laser, to find a hidden message or translate a morse code.

You get points for every solved riddle so you can compare your group to the others who have solved them too. On screens you can see your score and which rooms you have left to solve.

„If you survive this, you will survive everything!”

- EdePanzerknacker



Helena Heyne

Sala Silver Mine

Visiting the Swedish treasure



On the morning of October 5th, and thus also our fifth day in Sweden, all exchange students met at 8 a.m. in front of the high school to take the bus to the Sala Silver Mine, an old disused silver mine that now functions as a museum. As always, the mood was cheerful and so the two-hour bus ride passed very quickly. When we arrived at the mine, the Spanish and German students were particularly cold, we were still used to a warm 20 degrees, but on this day the temperatures had certainly dropped into a single digits. But thanks to the tried and tested German onion technique, we were spared a cold.

Down in the mines: Will they ever see daylight again? Only the holy Barbara knows...

Helena Heyne

In the museum

We looked around the museum rooms and discovered VR glasses with which you could explore the mine, so rock samples and historical backgrounds were rather ignored. The mine tour itself was actually very interesting, apart from the cold also very informative and well designed. We all behaved in an exemplary manner and, of course, did not start throwing any stones into abysses or suddenly screaming because the echo was so beautiful.



After a good three-quarters of an hour we climbed back up to the 60m higher surface of the earth, which suddenly seemed very warm to us in contrast to the wet and cold air of the mine.

A visit to a pagan burial site

Afterwards we had a small lunch in an adjoining house before we got back on the bus back to Eskilstuna. But we stopped at an old burial mound and got a little introduction to its history. We then had about 45 minutes to look around ourselves or to eat something again.

After that, however, we made our final way home. As always, the bus ride was very fun and was accompanied by loud music from the French exchange students.





All together now: The students from the '23-exchange in Eskilstuna

The week comes to an end by Max Fuchs

A last day of culture and exchange



Game over
(just for this year)

Students from the Markgraeffer Gymnasium Muellheim, Germany, from the Lycée Jean Bart Dunkerque, France as well as from the IES Huelin Malaga, Spain and from the Rinmangymnasiet in Eskilstuna, Sweden had an insightful day as part of the Erasmus+ program of the European Union. The final event brought together all participants to encourage intercultural connections, understanding and friendship.

... and a big „Goodbye“!

The highlight of the week was the farewell ceremony with a speech of thanks. Games like ping pong and billiard, dance and tacos created a lively atmosphere. Students enjoyed the final hours of their Erasmus+-adventure to the fullest before bidding farewell for their new friends.

Visit to the Munktell Museum

The day started with a visit to the renowned Munktell Museum, situated in the heart of Eskilstuna. This museum, housed in a preserved industrial building, showcases the extensive industrial history of the region. Students were captivated by exhibits detailing the evolution of engineering and innovation, highlighting Eskilstuna's role as a centre of technological advancements.

Among the notable displays were antique machinery, models of historic factories and multimedia presentations providing a vivid journey through time. The museum's emphasis on interactive learning allowed students to engage with various artifacts thus conveying a deeper understanding of Sweden's industrial heritage.

The very best Lunch at school! After the inspiring museum visit, students gathered for a shared lunch at the school. Here, amidst animated conversations, they discussed the fascinating insights gained from the Munktell museum. Through their shared experiences the students connected further together.

Windows to Europe: School and city presentations. In the afternoon the hosts proudly showcased their schools, especially ways of learning and cities with their attractions in impressive presentations, like a flamenco dance. They continued the exchange of differences and similarities.

Last but not least: Farewell ceremony, games, tacos...

„Europa wächst nicht aus Verträgen,
es wächst aus den Herzen seiner
Bürger oder gar nicht.“

- Klaus Kinkel at the UN in 1992

This eventful day was not only an opportunity to celebrate cultural differences but also strengthened connections among young people from different parts of Europe. The Erasmus+ program continues to contribute to connecting

educational sectors and promote a deeper understanding of the diversity within the continent.

